Tomah Health
TOGETHER IN CARE

LUNCH

KEY — VEGETARIAN — GLUTEN FREE

MONDAY - FRIDAY: 11:00 A.M. – 1:30 P.M.
SATURDAY - SUNDAY: GRAB & GO OPTIONS AVAILABLE

MONDAY NOVEMBER 23

- Chicken Cordon Blue $3.50
- Roasted Red Potatoes $1.50
- Steamed Green Beans $1.00
- Loaded Greek Chicken Salad $4.50
  - Plant Based $4.00
- Guinness Beef Stew . . . . . $3.00/bowl or $2.00/cup
- Irish Soda Bread $0.75
- Daily Salad Bar . . . . . $0.40/oz.

TUESDAY NOVEMBER 24

- Swedish Meatballs $3.50
- Egg Noodles $1.00
- Honey Glazed Baby Carrots $1.00
- French Bread $0.75
- Salmon Quinoa Bowl $4.75
  - with Creamy Yogurt Dill Dressing
- Mushroom Bisque . . . . . $3.00/bowl or $2.00/cup
- Daily Salad Bar . . . . . $0.40/oz.

WEDNESDAY NOVEMBER 25

- BYO Burrito Bowl
  - Plant-Based Black Beans $4.00
  - with Beef Barbacoa $5.00
  - with Chicken Carnitas $5.00
- Sub: Cauliflower Rice $1.00
- Fajita Vegetables $1.00
- Turkey Club Salad or Wrap $4.50
  - with Homemade Ranch Dressing
- Chicken & Gnocchi Soup . . . . . $3.00/bowl or $2.00/cup
- French Bread $0.75
- Daily Salad Bar . . . . . $0.40/oz.



THURSDAY - NOVEMBER 26

Cafe Closed on Thanksgiving: Grab and Go Cooler
Soups, Salads, Sandwiches, Wraps, Snacks & Beverages

FRIDAY - SUNDAY NOV. 27 TO NOV. 29

Cafe Closed on Friday, November 27th through Sunday November 29th
Grab and Go Cooler: Soups, Salads, Sandwiches, Snacks & Beverages