

 Tomah Health TOGETHER IN CARE TomahHealth.org	Recommendations for Pre-Operative Testing for Elective Surgeries												
		EKG	ECHO	STRESS		CBC	BMP	CMP	PT/INR	A1C	Preg	UA	Drug Levels
		12 mo		if < 4 mets		12 mo	12 mo	<6 mo	< 3 mo	<6 mo	DOS	At Preop	DOS
AGE/WEIGHT													
BMI greater than 59 *	Male/Female > or = 60	①		①									
	Morbidly obese (BMI > 40)	①		①									
	Females age 12-65 unless sterilized/menopausal									① ②			
TOBACCO/DRUG USE													
	Alcohol/Drug Abuse	①		①		①	①						① ②
MEDICATIONS													
	Anticoagulation (Warfarin/Coumadin)								DOS				
	Medications that may impair renal function or affect electrolytes						① ②						
	Receiving Chemotherapy	①	① ②	①		①		① ②					
CARDIOVASCULAR DISEASE													
Cardiac stent or CABG in past 12 months for ACS or 6 months for CCD * **	MI (> 1 year ago)	①	① ②	①			①						
	Valvular disease	①	① ②	①			①						
	HTN	①		①			①						
	CAD/PVD	①		①			①						
	Stroke	①		①			①						
	Pacemaker/ICD	①	Interrogation within 12 months for Pacemaker/ 3 months for ICD				①						
	CHF	①	① ②	①			① ②						
PULMONARY DISEASE													
Current tracheostomy *	COPD	①		①									
	Obstructive Sleep Apnea	①		①									
	URI - Patient must be at least 2 weeks post resolution of symptoms												
GI													
	Active / Recent Bleed	①		①		① ② At Preop	① ② At Preop		① ② At Preop				
	Liver Disease	①		①		① ② At Preop		① ② At Preop	① ② At Preop				
RENAL DISEASE													
Patient on dialysis *	Chronic Kidney Disease 3b or greater			①		① ②	① ②						
	Urinary Symptoms										① ②		
ENDOCRINE													
	Diabetes Mellitus	①		①			① ②			① ②			
	Thyroid Disease	①											
	Parathyroid disease	①					① ②						
INFLAMMATORY DISEASE													
	Systemic Lupus Erythematosus	①		①		①	①						
	Autoimmune Diseases	①		①									
HEMATOLOGICAL DISEASE													
	Metastatic Cancer	①		①		①	①						
	Chronic Anemia			①		①	①						

KEY: DOS = Day of Service CCD=Chronic Coronary Disease ACS=Acute coronary syndrome

① Recommended for Elevated Risk Procedures

② Recommended for Low Risk Procedures

* Patients not eligible for elective procedures at Tomah Health

** Does not apply to Cataracts

September 2026