

Healthy Aging Expo



Thursday, October 15

1:00 p.m. - 4:00 p.m.

Join us for a free event highlighting health, well-being, and planning for your physical, mental, and social needs as you age.

*Health Booths * Health Screenings & Vaccines *30+ Door Prizes
* Complimentary Food & Refreshments

Presentations:



Fraud Presentation with Tomah Area Credit Union
1:15 p.m. - 2:15 p.m.

Learn how to recognize and avoid common scams targeting older adults. This seminar offers practical tips to protect your personal & financial information and what to do if fraud occurs.



Staying Safe Online: Everyday Habits That Protect You with Tomah Tech Hero
2:30 p.m. - 3:15 p.m.

From passwords to Wi-Fi to what AI knows about you, staying safe online doesn't require becoming a tech expert. This talk covers simple, practical habits – protecting your accounts, your devices, and your privacy – so you can use technology with confidence, not anxiety.



Where Did My Photos Go? Understanding the Cloud and What It Knows About You with Tomah Tech Hero
3:15 p.m. - 4:00 p.m.

If you've ever wondered why your phone says your photos are backed up, why Word wants a subscription, or how an ad found you moments after a conversation, this talk is for you. We'll demystify the cloud in plain language, then follow your information where it goes – into data ownership, AI, and the pool of personal details that scammers rely on.



Event Details:



Tomah Health Professional Development Center

501 Gopher Drive,
Tomah, WI 54660



Health Fair:
1:00 p.m. - 4:00 p.m.

Presentations throughout the Healthy Aging Expo.

We encourage you to park in the main parking lot of Tomah Health.