

MONDAY - FRIDAY: 11:00 A.M. – 1:30 P.M.

SATURDAY - SUNDAY: GRAB & GO OPTIONS AVAILABLE

**MONDAY
OCTOBER 5**

BYO Cavatappi Pasta Bowl		
- Plant-Based	\$4.00	
- with Italian Baked Chicken Thighs	\$4.50	
- with Grilled Shrimp	\$5.00	
Garlic Breadstick	\$0.75	
BYO Sub Sandwiches	\$4.00	
Broccoli, Almond & Cranberry Slaw	\$1.50	 
Cheesy Potato Soup	\$3.00/ bowl or \$2.00/cup	
Pretzel Breadstick	\$1.00	
Daily Salad Bar	\$0.40/oz.	

**TUESDAY
OCTOBER 6**

Roast Turkey Breast with Gravy	\$3.00	
Mashed Potatoes	\$1.00	 
- with Turkey Gravy	\$1.00	
Stuffing	\$1.00	 
Honey Glazed Baby Carrots	\$1.00	 
Dinner Roll	\$0.75	
Egg Roll in a Bowl	\$4.00	
Chicken Noodle Soup	\$3.00/ bowl or \$2.00/cup	
Daily Salad Bar	\$0.40/oz.	

**WEDNESDAY
OCTOBER 7**

BYO Burrito Bowl		
- Plant-Based: Black Beans	\$4.00	 
- with Chicken Carnitas	\$5.00	
- with Pork Carnitas	\$5.00	
Sub: Cauliflower Rice	\$1.00	 
Fajita Vegetables	\$1.00	
BLT Salad	\$4.50	
- with Homemade Honey Mustard Dressing		
Vegetable, Beef & Barley Soup	\$3.00/ bowl or \$2.00/cup	
Daily Salad Bar	\$0.40/oz.	

**THURSDAY
OCTOBER 8**

Honey Mustard Pecan Crusted Salmon	\$4.00	
Dijon Roasted Red Potatoes	\$1.00	 
Italian Roasted Vegetables	\$1.25	 
French Bread	\$0.75	
Chicken Wings (6)	\$5.00	 
Potato Wedges	\$1.00	 
Creamy Tortellini & Sausage Soup	\$3.00/ bowl or \$2.00/cup	
Daily Salad Bar	\$0.40/oz.	

**FRIDAY
OCTOBER 9**

Harvest Grain Bowl		
- Plant-Based	\$4.00	
- with Honey Mustard Chicken	\$4.50	
Pesto & Gouda Grilled Cheese	\$4.00	
Roasted Red Pepper Bisque	\$3.00/ bowl or \$2.00/cup	
Daily Salad Bar	\$0.40/oz.	

**SAT & SUN
OCT 10 & 11**

Grab & Go Options Available: Salads, Wraps, Snacks, Beverages,
Fruit, Veggies & Dessert