

MONDAY - FRIDAY: 11:00 A.M. – 1:30 P.M.

SATURDAY - SUNDAY: GRAB & GO OPTIONS AVAILABLE

**MONDAY
SEPTEMBER 21**

Homemade Meatloaf	\$3.50	
Yukon Gold Mashed Potatoes	\$1.00	
- with Gravy	\$1.00	
Honey Glazed Baby Carrots	\$1.00	 
French Bread	\$0.75	
Crispy Chicken Wrap or Salad	\$4.50	
Butternut Squash Soup \$3.00/bowl or \$2.00/cup		 
Daily Salad Bar	\$0.40/oz.	

**TUESDAY
SEPTEMBER 22**

General Tsos Chicken	\$3.50	
Honey Garlic Soy Glazed Salmon	\$4.00	
Vegetable Fried Brown Rice	\$1.50	
Pork Egg Roll	\$1.50/each	
Pork Potstickers (3)	\$2.00	
Steamed Broccoli	\$0.75	 
Apple Bacon Salad	\$4.50	
- with Maple Vinaigrette		
Chicken Noodle Soup \$3.00/bowl or \$2.00/cup		
Daily Salad Bar	\$0.40/oz.	

**WEDNESDAY
SEPTEMBER 23**

Bruschetta Chicken	\$3.50	
Garlic Parmesan Orzo	\$1.25	
Steamed Green Beans	\$0.75	 
Garlic Breadstick	\$0.75	
Three Cheese Grilled Cheese	\$4.00	
Tomato Basil Bisque \$3.00/bowl or \$2.00/cup		
Daily Salad Bar	\$0.40/oz.	

**THURSDAY
SEPTEMBER 24**

Beef Lasagna	\$3.50	
Vegetable Lasagna	\$3.50	 
Parmesan Roasted Cauliflower & Broccoli	\$1.00	
Garlic Bread	\$0.75	
Halal Cart Style Chicken & Rice	\$4.75	
Beef Chili \$3.00/bowl or \$2.00/cup		
Cornbread	\$0.75	
Daily Salad Bar	\$0.40/oz.	

FRIDAY - SEPT. 25



BYO Nachos or Taco Salad		
- Plant-Based Refried Pinto Beans	\$4.00	
- with Beef Taco Meat	\$4.75	
- with Pork Carnitas	\$4.75	
Fish Sandwich	\$4.50	
Creamy Coleslaw	\$1.00	 
Italian Sausage & Gnocchi Soup \$3.00/bowl or \$2.00/cup		
Daily Salad Bar	\$0.40/oz.	

FOOD TRUCK FRIDAYS: ON THE GO WEENIE CO.
Serving from 11:00 a.m. to at least 1:30 p.m.



**TOMAH HEALTH
FOOD TRUCK FRIDAYS**

**SAT & SUN
SEPT. 26 & 27**

Grab and Go Cooler: Soups, Salads, Sandwiches, Wraps