



FREE

Register by
Thursday,
Jan. 30!

Feeding Your Baby In the First Year

You Will Learn:

- ✓ Introducing Solid Foods Safely
- ✓ Navigating Food Allergies
- ✓ Reducing Picky Eating
- ✓ Replacing Anxiety with Joy During Meal Times

Eligible for
2.0 Daycare
CEUs

Tomah Health course
instructed by
Registered Dietitian
Nutritionist Michelle
Lindsay, MS, RDN, CD,
& Speech Pathologist
Madeline Kennedy,
MS, CCC-SLP.

Class Information

Thursday, February 6, 2025 from 5:30 p.m. - 7:30 p.m.

Tomah Health: 501 Gopher Dr., Tomah
Classroom 1B

Register by calling Whitney at 608-377-8615 or
emailing wsanjari@tomahhealth.org

Registrations are due by **January 30**

 **Tomah Health**
TOGETHER IN CARE

Registration Required